

BORDEAUX ÉTUDIANTS CLUB



9TH INTERNATIONAL

BORDEAUX
AUGUST 7TH-16TH 2020

Come spend 10 days in beautiful Bordeaux, recently voted Best European Tourist Destination ! Join our international fencing community for a high quality & fun camp in a historic building downtown, during the glory days of summer in Southwest France.



TRANSPORTATION

- **90 DIRECT FLIGHTS FROM ALL OVER THE WORLD**
The Bordeaux airport (BOD) is located 20mn from the fencing center.
- **HOURLY TRAINS TO BORDEAUX**
Bordeaux is located 2:04 hours from Paris downtown and 3:35 from the Paris airport (CDG).
- **LOCAL TRANSPORTATION**
Will be provided to and from the airport and the train station, as well as to and from organized activities.

HOUSING

- **HOTEL VICTORIA**
300 meters from the training center.
Single or twin rooms – kitchenette and Wi-Fi.
- **HOTEL MERCURE**
20 minutes by tram from the training center.
Nice standing hotel.
- **OTHER HOUSING OPTIONS**
For information on B&Bs, Airbnb and other options close to the fencing center, please contact us.

COACHING STAFF



SEBASTIEN DOS SANTOS
CAMP DIRECTOR

Director of epee for the **USA**
4 time Olympic coach

SPECIAL GUEST



SEBASTIEN BARROIS

Director of epee for **France**
2016 – 2019
France Cadet and junior
national coach 2005 – 2016

SPECIAL GUEST



FRANCO CERRUTI

Director of epee for **Switzerland**
(TBC)



FREDERIC FENOUL

Director of epee for **Belgium**
This camp is a designated national
camp for the Belgian team.



JUSTIN TAUSIG

Dr. in Sport & Performance
Psychology and former
member of the epee
USA national team.



JUAN MIGUEL PAZ

Director of epee for **Colombia**
3 time Olympian
(TBC)



CHLOE DELAPLACE

Strength and conditioning coach
Specialized in Karate.



MAXIME BOURDAGEAU

Regional technical director
France cadet and junior
Former assistant national coach
Specialized in Boxing.

A SALLE UNIQUE IN THE WORLD



Central location and unforgettable architecture.



30 fencing strips under stone vaults.

The camp will begin at 2pm Aug 7th and will finish at 5pm on Aug 16th with the "Challenge International de Bordeaux".

The camp is open to competitors of all ages starting with cadet. It is run in both English and French.

The camp's activities include:

— two day trips and two evening gatherings

9:30 am - 12:30pm MORNING WORKSHOPS

— video analysis

— tactical footwork and exercises

— fencing drills

— theme bouting

— sport psychology

2:30 pm - 6pm AFTERNOON SESSIONS

— organized bouting

— critical debriefings and individual feedback

6:30 am - 8:30pm EVENING SESSIONS

— organized bouting open to junior and senior regional competitors

485€

Fee includes: 10 days of camp, lunchtime meals and snacks, all activities, and the entry fee for the "2020 Challenge International de Bordeaux" on august 16th

375€

For the top 8 seniors, top 4 juniors and top 2 cadets on National ranking.

25€

Optional 30 minutes individual lessons are available after the camp:

- fencing lesson
- boxing lesson
- sport psychology session
- individualized strength and conditioning session (up to 4 person)
- massage therapist session
- osteopathic session

INCLUDING

ACTIVITIES

City of Bordeaux

Bordeaux voted best European destination 2015&16



Atlantic ocean

1 hour from Bordeaux.



Medieval village

St Emilion in the hearth of wine country.



Full registration must include the requested documents in addition to this form (filled out and signed).

REGISTRATION WILL BE CONFIRMED BY EMAIL.

PHOTO

Last name: First name:

Parent's name:

Date of birth: dd / mm / yyyy / /

Address:

State:Country:

Fencing club:

Coach(es):

License number:

Email address:

Athlete's phone number:

PAYMENT

485€ (regular fee)
375€ (for the top 8 seniors,
4 juniors and 2 cadets on
national ranking)

Payment by wire transfer,
cash, check payable to " BEC
Escrime" or credit/debit card



LODGING

- I have already found a lodging arrangement.
- Diner only (10€/day)
- Hotel Victoria (55€/day)
twin room + breakfast & dinner

ATTACHMENTS (Required)

- Photocopy of driver's license or other personal identification
- Proof of medical insurance

MEDICAL FILE

Please list below any health issues or concerns:

Asthma: YES NO

Allergies:

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Dietary restrictions:

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Any other issues we should know about:

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WAIVER OF LIABILITY AND CONSENT FOR MEDICAL TREATMENT

I, Mr./Ms as father / mother / legal guardian of

....., authorize those in charge of the camp to take all and any necessary emergency measures in the case of an accident occurring during the "International Epee Camp" in Bordeaux.

In addition, I authorize (cross out the unnecessary information):

- 1) Those in charge of the camp to drive my children during the week of the camp if necessary.
- 2) Members of the organization to take and use photographs or videos of the camper during the camp.

DATE:.....

SIGNATURE:

EMERGENCY CONTACT:

Last name:First name:

Home phone:Cell phone:

Work phone:

Email address:

CODE OF CONDUCT

Each camper has a responsibility to act in a way that assures a positive experience for all. While the camp organizers decline any responsibility for events outside of the camp, campers are considered representatives of the Bordeaux international camp and are expected to follow camp rules, and maintain high standards of behavior and integrity *at all times* (either inside or outside of the training facility: salle d'arme, day trip, hotel, etc...). Lack of adherence to these policies constitutes grounds for dismissal. Refunds will not be given for campers dismissed from the camp.

Behavior guidelines:

- Campers shall be responsible for their words and actions.
- Campers shall be respectful to others.
- Campers shall notify camp staff whenever a problem arises.
- Campers shall arrive to camp well-rested and in healthy condition.
- Non-minor campers shall not abuse alcohol.

Prohibited behavior:

- Possession or use of illegal substances, including alcohol in the case of minors.
- Endangering the health and safety of themselves, other campers or staff members.
- Inappropriate physical contact.
- Using profanity or inappropriate language whether it is written or verbal.
- Bullying, harassing or acts of aggression or violence.

SIGNATURE: DATE:

TRANSPORT

I will take care of my own transportation

Train station arrivals:

Arrival date: Time: Train #:

Departure date: Time: Train #:

Airport arrivals:

Arrival date: Time: Flight #:

Departure date: Time: Flight #:



Registration deadline July 10th 2020

HOW TO CONTACT US

Camp manager : [MATHIEU MARCHAND](#)

Phone : [+33 787 901 905](tel:+33787901905)

Email : becescrime.developpement@gmail.com

BEC ESCRIME

www.bec-escrime.fr

 [BEC Escrime](#)

WHERE TO FIND US

Salle André LABATUT
Gymnase Nelson Paillou

53 rue Pauline Kergomard,
33 800 Bordeaux

- Tramway B (" Bergonié " stop)
- Bus line number 5 (" Kergomard " stop)